

400ft BUNGEE JUMP

Will you dare to undertake the highest bungee jump in the whole UK?



2nd May

THE CHALLENGE

Located in South Wales, this is a truly iconic jump. As you are raised up to the top of a 300ft crane over a 100ft quarry you will realise the magnitude of what you are about to undertake; this is a truly unique jump - falling 400ft disappearing into a quarry!

With the surrounding Welsh countryside stretching for miles around, the 400ft Bungee Jump does not disappoint, offering fantastic views as you ascend the 300ft crane, the 100ft quarry below will look further away that you imagine and as you hear the words "3, 2, 1, Bungee!" you will need all you courage to take that leap of faith off the platform!

Standing on the edge of the platform is when the adrenaline will be truly pumping through your body, but once you take that step off the platform in the air, a totally surreal experience in itself, the fear disappears and you will love the feeling of freedom as you fall headfirst into the quarry towards the beautiful blue water with the wind rushing past you. This is a bucket list experience not to be missed!

On the day of the jump you will go through a process where you will be checked individually on a one on one basis by five separate people before you will be allowed to jump. Throughout the process our crew will explain what it is they are doing, so there is no need to worry! Please don't hesitate to speak to them or to speak to the site controller if you have any questions or need any further instruction.

Photos, videos and merchandise (including t-shirts & hoodies) of your jump experience can be purchased on the day of your jump, so that you have proof that you took on the highest bungee jump in the UK! You are also welcome to bring as many spectators as you like to watch you jump.

COSTS

£50 Registration cost
£200 Fundraising target

WHO CAN JUMP?

Your safety is our number one priority, and it is for this reason that we are very strict with our procedures and require all jumpers to adhere to the following regulations.

- Jumpers must be at least 14 years old
- 14 and 16 year olds require a parent or guardians permission and signature
- Maximum weight limit for a solo jumper is 120kg (18.9 stone)
- Waist harnesses fit waist size of 40cm (15.7 inches) to 125cm (49.2 inches)
- If you are not in good health you should NOT jump

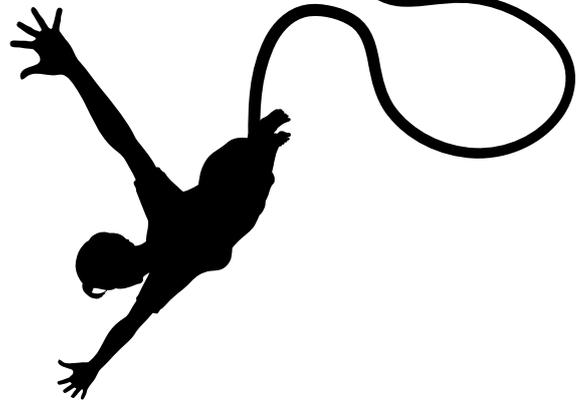
If you have any concerns at all regarding your health, fitness and ability to bungee jump, then we ask that you consult your doctor.



GETTING THERE

National Diving and Activity Centre, A48,
Tidenham, Chepstow NP16 7LQ

Free car parking is available on site, and there is a licensed cafe bar where spectators can enjoy refreshments while they watch you jump!



ARRIVAL TIME

You should arrive about 30mins prior to your jump time and allow between 2 -3 hours for your jump. This is to allow for any delays that may occur on the day.

WHAT TO WEAR

Please dress according to the weather in comfortable, casual clothes. Skirts are not recommended. Also please refrain from wearing boots or anything that may interfere with ankle harnesses otherwise they will have to be removed prior to jumping. Trainers and securely fastened shoes are fine. Unfortunately, glasses and hard contact lenses cannot be worn however soft contact lenses for jumping are allowed

